

# Anderson Park Mountain Bike Trails



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Thanks to :



**Gilbert Lumber**  
Donated wood for bridge construction

## TRAIL AND PARK RULES

- 1. Ride On Open Trails Only.** Respect trail and road closures (ask if uncertain); avoid trespassing on private land. The way you ride will influence trail management decisions and policies.
- 2. Leave No Trace.** Be sensitive to the dirt beneath you. Recognize different types of soils and trail construction; practice low-impact cycling. Wet and muddy trails are more vulnerable to damage. When the trail bed is soft, consider other riding options. This also means staying on existing trails and not creating new ones. Don't cut switchbacks. Be sure to pack out at least as much as you pack in.
- 3. Control Your Bicycle!** Inattention for even a second can cause problems. Ride with awareness as other users may be on the trail.
- 4. Always Yield Trail.** Let your fellow trail users know you're coming. A friendly greeting or bell is considerate and works well; don't startle others. Show your respect when passing by slowing to a walking pace or even stopping. Anticipate other trail users around corners or in blind spots. Yielding means slow down, establish communication, and be prepared to stop if necessary and pass safely.
- 5. Never Scare Animals.** All animals are startled by an unannounced approach, a sudden movement, or a loud noise. This can be dangerous for you, others, and the animals. Give animals extra room and time to adjust to you.
- 6. Plan Ahead.** Know your equipment, your ability, and the area in which you are riding – and prepare accordingly. Be self-sufficient at all times, keep your equipment in good repair, and carry necessary supplies for changes in weather or other conditions. A well-executed trip is a satisfaction to you and not a burden to others. Always wear a helmet and appropriate safety gear. Keep trails open by setting a good example of environmentally sound and socially responsible off-road cycling.

## USE TRAIL COURTESY BIKES YIELD TO HIKERS

- Represent sign posts locations  
Thin brown lines represent old trails in various conditions.

When both arrows are the same color follow the top arrow for the complete loop; follow the bottom arrow for a short-cut (blue loop) or to repeat a section of trail (red loop). When arrows are different colors follow the top arrow to continue on current loop or follow the bottom arrow to go to a new section of trail.

Updates on trail conditions, work days, and other mountain bike and trail information can be found at [www.MMBA.org](http://www.MMBA.org).

## Caution!

Riding bikes off-road is inherently risky sometimes leading to injury or death. It is the responsibility of the rider to match their skills to trail obstacles and conditions.