



# MOUNTAIN BIKE TRAIL

HIGHLAND RECREATION AREA



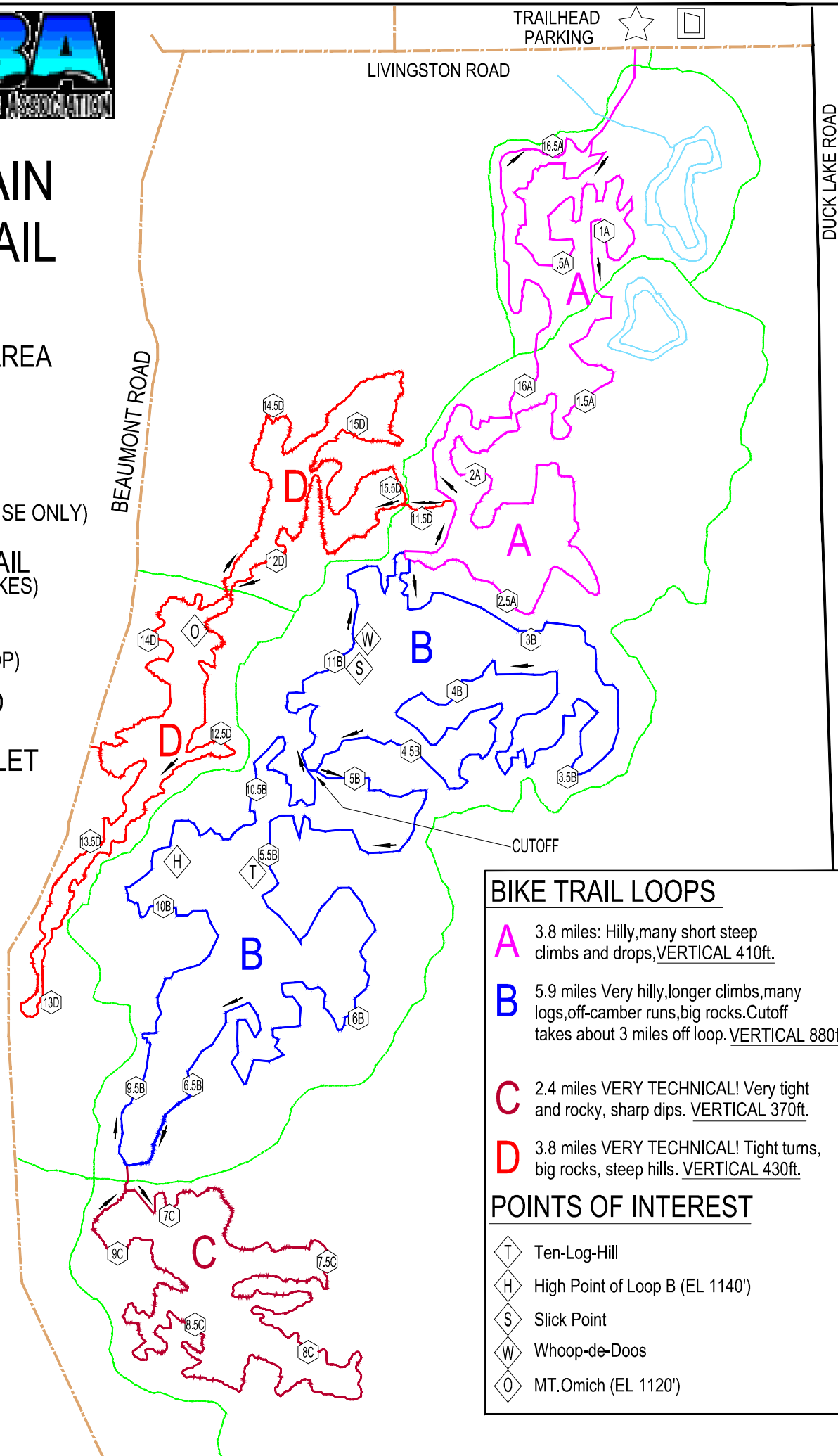
 BIKE TRAIL  
(RIDE CLOCKWISE ONLY)

 HORSE TRAIL  
(CLOSED TO BIKES)

 DISTANCE  
(MILES and LOOP)

 TRAILHEAD






 VAULT TOILET



## BIKE TRAIL LOOPS

- A** 3.8 miles: Hilly, many short steep climbs and drops, VERTICAL 410ft.
- B** 5.9 miles Very hilly, longer climbs, many logs, off-camber runs, big rocks. Cutoff takes about 3 miles off loop. VERTICAL 880ft.
- C** 2.4 miles **VERY TECHNICAL!** Very tight and rocky, sharp dips. VERTICAL 370ft.
- D** 3.8 miles **VERY TECHNICAL!** Tight turns, big rocks, steep hills. VERTICAL 430ft.

## POINTS OF INTEREST

-  Ten-Log-Hill
-  High Point of Loop B (EL 1140')
-  Slick Point
-  Whoop-de-Doos
-  MT. Omich (EL 1120')